

QnA Cosmetic Surgery

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CONSENT FOR TRICHLOROACETIC ACID PEEL

This consent document has been prepared to help inform you about a Trichloroacetic Acid (TCA) Peel and its risks. It is important that you read this information carefully and completely.

INTRODUCTION

The function of a TCA peel is to create an evenly-controlled shedding of several layers of damaged cells. This exposes a new, fresh layer of skin with a more even color and a smoother texture.

When the TCA solution is applied to your skin (which is typically associated with two to three minutes of a burning sensation), it causes the top layers of cells to dehydrate and peel off over a period of several days. The depth of the peel can be customized to match your downtime requirements and the level of discomfort you are prepared to tolerate. Deeper peels result in more downtime and may cause increased discomfort but achieve more dramatic results. Most people take between three days to a week to heal from a TCA Peel. During the healing process, the skin looks as if it has had severe sunburn.

RISKS OF TRICHLOROACETIC ACID PEELS

Every procedure involves a certain amount of risk, and it is important that you understand the risks involved. An individual's choice to undergo a procedure is based on the comparison of the risk to potential benefit. Although the majority of patients do not experience these complications, you should discuss each of them with the QnA Cosmetic Surgery physician _____ to make sure you understand the risks, potential complications, and consequences of a TCA Peel.

Hypopigmentation—Any peel that causes exfoliation will temporarily lighten the skin. The degree of lightening increases as the depth of the peel increases. With deeper peels, it can take several months for the skin to completely regain its normal color. This can be more pronounced in people with darker skin.

Hyperpigmentation—This is a condition in which an inflammatory response occurs in the skin leading to excessive skin pigmentation. Hyperpigmentation is usually associated with darker-skinned patients but can occur less frequently in lighter skin colors. Sun exposure following the peel increases the risk of hyperpigmentation. The condition can occur shortly after the peel or up to 2 months later. It can be treated by sun avoidance, sunscreens, and prescription-strength creams.

Allergic Reaction—This is very rare. The allergy can present as itch, hives, swelling, or rash.

Scarring—This is an uncommon complication. People at risk include those with a history of keloid scars, patients recently on isotretinoin (such as Accutane) therapy, and patients who develop infection after the peel. The risk is higher in deeper peels. Most cases of scarring are due to a post-procedural complication of the peel such as infection, premature peeling due to picking, or trauma to the new tissue rather than a direct complication of the peel.

Persistent redness—Some redness is common after almost any peel. Areas of bright redness will generally fade to light red or pink within two weeks. Areas of redness lasting more than 3 weeks may indicate scar formation is imminent and should be reported immediately to your QnA Cosmetic Surgery physician.

Premature Peeling—Premature removal of the shedding layer of skin, either accidental or intentional, exposes a layer of immature tissue. This increases the risk of infection and scar formation.

Infection—Infection is unusual. Should an infection occur, additional treatment including antibiotics may be necessary. Please contact QnA Cosmetic Surgery if signs of infection occur.

Herpetic outbreak—An outbreak of cold sores can be triggered by a chemical peel. This will often present as ulceration and crusting rather than a blister. Patients with a history of cold sores should take preventative medication prior to the chemical peel.

Unsatisfactory result—There is the possibility of an unsatisfactory result from the procedure. Although one peel can significantly improve the appearance of the skin, some skin problems are deeper than others and may require more than one peel.

Although improvement of the recommended treated area or areas are typical, the staff of QnA Cosmetic Surgery cannot guarantee any individual results.

ACKNOWLEDGMENT

BY MY SIGNATURE BELOW, I CERTIFY THAT I HAVE READ AND FULLY UNDERSTAND THE CONSENT OF THIS PERMISSION FORM FOR TCA PEEL, AND THE DISCLOSURES REFERRED TO HEREIN WERE MADE TO ME.

_____ Signature--Patient or Guardian	_____ Print Name	_____ Date
_____ Signature--Witness	_____ Print Name	_____ Date